



Camp SoundWaters H1N1 update:

Camp SoundWaters is taking the following precautions to prevent the spread of H1N1 flu or Influenza-Like Illness:

If campers or staff members are sick (fever, cough, sore throat, body aches, chills, vomiting and diarrhea) they should stay home. Anyone with an Influenza-Like Illness (ILI) should stay home for 7 calendar days from the onset of symptoms or until they have been symptom-free for 24 hours, whichever is longer. Use the same judgment you would use during a normal flu season. If campers exhibit the symptoms of Influenza-Like Illness (ILI), parents/ guardians will be called to pick up the child immediately. SoundWaters does not offer refunds due to illness. Our policies are consistent with the City of Stamford as well as the Connecticut Department of Public Health. SoundWaters requires that campers and staff are vigilant about washing hands often with soap and water. We also provide alcohol-based hand sanitizers throughout the center and will continue to work together to make this a happy, healthy and safe summer at SoundWaters!

If you have specific questions in regards to H1N1 or ILI, please contact the Stamford Department of Public Health Epidemiology Division at 203-977-4369.

If you would like additional information, the following websites are recommended:

- Stamford Department of Health and Social Services - <http://www.cityofstamford.org/content/25/52/140/214/364/default.aspx>
- Stamford Public Schools – <http://stamfordpublicschools.org/>
- Centers for Disease Control – <http://www.cdc.gov/h1n1flu>
- World Health Organization - <http://www.who.int/csr/outbreaknetwork/en/>
- Connecticut Department of Public Health – <http://www.ct.gov/ctfluwatch>

If you have any questions or concerns regarding camp please call the Camp SoundWaters office at 203-406-3321

Thank You
Camp SoundWaters