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Splash into February with SoundWaters!

STAMFORD, CT/January X, 2026 – On Sunday, February 1, hundreds of brave and very enthusiastic people will start the month with a splash, literally, by running and jumping into Long Island Sound as part of the third annual SoundWaters Super Splash. Why do it? Because it's fun, a little crazy and there will be a lot of people splashing right alongside you.

The event takes place at Stamford's Cove Island Park. Check-in starts at 10 a.m. at East Beach and the Splash takes place at 11 a.m. sharp. Whether you're jumping in or cheering from the shore, attendees can enjoy hot cocoa, donuts and great company on the beach afterward.

The Super Splash raises awareness about changes in Long Island Sound caused by warming waters and shifting marine life. Proceeds from the event support SoundWaters' climate science education programs, which bring hands-on, joyful learning experiences to thousands of local students each year. Sign up before January 15 for a chance to win a pair of public sail tickets this summer on the Schooner SoundWaters.

So come splash with us. Gather your friends, family and coworkers, build a dream team, come up with some wacky costumes and take the plunge into the Sound. Individuals can register at SoundWaters.org/SuperSplash. The cost is \$30 for adults and \$20 for young people 18 and under. For questions and more information, email supersplash@soundwaters.org.

We are grateful to our sponsors — Cingari Family ShopRite, Hey Stamford!, STAR 99.9 and Carlson & Carlson Insurance — for their support. Their contributions make it possible for SoundWaters to provide hands-on environmental education to local students and inspire greater understanding of the challenges facing Long Island Sound and the broader climate.

About SoundWaters

SoundWaters prepares the next generation for their future. With our climate in crisis, we teach tomorrow's leaders the science they will need. With Long Island Sound as our classroom, we create love and respect for the natural world. As a matter of justice, we open the water to all. As a matter of urgency, we work to protect our common home. For more information, visit soundwaters.org.

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