



Protecting Long Island Sound Through Education for Over 20 Years

SoundWaters | Cove Island Park | 1281 Cove Road | Stamford, CT 06902 | www.soundwaters.org | 203 323 1978



Hello Camp SoundWaters Families!

We are so glad you have chosen Camp SoundWaters this summer! This Parent Guide contains everything you and your child need to know about Camp, including important information about SoundWaters operations, daily schedules, and what your child should bring everyday. We are also including all relevant forms.

Daily Schedule*

Every day is a little different at Camp SoundWaters, but the schedule below outlines how Camp flows:

8:30-9:00 Early Drop Off (requires sign up)

9:00 - 12:00 Morning Activities

12:00– 12:30 Lunch

12:30-3:30 Afternoon Activities

3:30-4:00 Cool Down Activities/Packing Up

4:00– Pick up

4:00– 5:00 Late Camp (requires sign up)

View Individualized Division Schedule on Website

Keep up to date on your favorite
counselors, campers, and Camp
SoundWaters activities on
Instagram, Facebook and Twitter!

We strive to have great communication with parents and our campers. We ask you to assist us in that way by letting us know any relevant information that will help us care for your child. We especially want to hear from you when:

- Your child will be ABSENT from camp
- Someone other than a parent or guardian will be picking up your child. For safety reasons we can not release your child to anyone you have not specifically identified to us.

Sign in/ Sign Out Procedure

Sign-in/sign-out will take place at **SoundWaters Coastal Environmental Center** in Cove Island Park, 1281 Cove Road, Stamford.

In order to enter Cove Island Park you will need a SoundWaters parking pass. The parking pass for your session(s) will be mailed to you in advance, and the pass must be hanging from your review mirror. If you lose your pass or need additional passes- you can pick them up on the first day of camp. SoundWaters is not responsible for any fines and cannot help in your negotiations with the city of Stamford.

Please park in the general parking lot; walk over the bridge, bear left all the way to the white two-story building. Please do your best to have your child signed in on time. We begin our activities right away and we wouldn't want anyone to miss out on any of the fun!

Please have your ID with you at sign out. Please be advised we can only release a camper to someone 18 years of age or older.

Late Pickup Policy

Camp hours are 9:00am -4:00pm. Extended hours are from 4:00 until -5:00pm. It is important that Campers are picked up on time at their allotted time as we schedule staff accordingly. Unfortunately we must charge for students who are not picked up on time (i.e. 4:00pm for regular registration or 5:00pm for extended day). The fee is \$1 per minute for each minute they remain at Camp past their scheduled sign out. SoundWaters will charge the credit card you have on file for any late fees.



Paperwork and Medications

SoundWaters is licensed by the State of Connecticut to operate our camp. Licensed camps administering medications to children must comply with all requirements in the CT State Statutes and Regulations. Parents/guardians requesting that medication be administered to their child while at camp must provide SoundWaters with appropriate written authorization before any medications can be administered. **Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription.**

The required forms are available as part of this handbook. You can also find links to the forms on our website or by logging into your online account. Camp SoundWaters accepts paperwork via email, mail, or fax.

Please be sure to provide the required forms to Camp SoundWaters by June 1. Unfortunately, we can not allow your child to be at camp if there are missing or incomplete forms.

Weather

Camp SoundWaters is open regardless of weather- RAIN, SHINE, WIND, or NO WIND! We will limit on the water activity if we deem the conditions unsafe. Our air-conditioned Coastal Education Center and its covered outdoor patio easily accommodates all of the campers in inclement weather. While in the Center, campers enjoy a variety of fun activities.

Water Safety

All children in any small boat sailing program are required to wear life jackets at all times. SoundWaters will provide an appropriately sized, USCG approved life jacket for all campers.

We want your child to enjoy his/her time on and near the water. We begin each week with a required swim check to help us gauge your child's comfort level in the water.

Your child does NOT have to be a fast swimmer. However he/she must be comfortable in the water and be able to swim short distances.



Campers go swimming at a specifically designated area of public beach at Cove Island Park and are watched by our own certified lifeguard. Your child will wear a bathing suit and water shoes.

Gear List

Part of having fun at Camp is having the right gear. Your child will need to bring with them the items listed below every day. Please label everything with your child's name. SoundWaters is not responsible for any lost personal items.

- **Reusable Water Bottle (please, no plastic water bottles)**
- **Swim Suit (Your child can arrive in his/her swimsuit)**
- **Change of clothes**
- **Towel**
- **Hat**
- **Closed-toe-water shoes (no flip flops or Crocs)**
- **Healthy lunch & snacks (will be refrigerated)**
- **Sunscreen (please apply before arriving also)**
- **Rain gear (weather dependent)**
- **Sneakers (optional)**

Please do not send toys, electronic games or trading cards.



Camp SoundWaters Miscellaneous

Food Allergies: We will be alert to your child's food allergy and will make every effort to help your child avoid exposure. However due to the public nature of our location **we cannot guarantee that any area is peanut/nut free.** If your child should have an allergic reaction while at Camp, medication will be administered by a SoundWaters staff member who is certified and trained to do so.

Counselors and Instructors: Camp SoundWaters staff come from a variety of backgrounds and experiences. Many of them were campers with us when they were young. All of them share a passion for working with young people and providing a safe, fun, memorable summer experience. Our summer staff attends a multi-day intensive training before the beginning of Camp that includes CPR, First Aid, SoundWaters marine education, teaching skills, swimming safety, canoe training, and mandated reporter certification.

QUESTIONS?

Please contact

For Registration: Olena Czebinak at (203) 406-3319 or e-mail camp@soundwaters.org.

For Camp Information: Christina Genz, Camp Director, 203 406 3307 or email cgenz@soundwaters.org